



All meals are sold with a choice of sides (Oven Fries or Tator Tots, Green Salad, Fresh Veggies and Fresh & Canned Fruit
(Organic Choices as Available).

A choice of 1% White Milk or Non-Fat Chocolate Milk (Both choices are hormone and antibiotic free)

All Bread Products are Whole Wheat or Whole Grain

(Substitutions dependent on availability)



Meal Prices
Breakfast \$1.25
Reduced Breakfast \$0.00
Lunch \$2.75
Reduced Lunch \$0.40

**Woodward Middle School
 Lunch Menu**

2007-2008

(This Institution is an Equal
 Opportunity Provider)

**Bainbridge Island
 School District
 Food & Nutrition
 Services
 (206)842-2908
 Tmiller@bainbridge.
 wednet.edu**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily (All burgers on Whole Wheat Buns)	Hamburger Cheeseburger Chicken Burger Cheese Pizza Pepperoni Pizza	Hamburger Cheeseburger Chicken Burger Cheese Pizza Pepperoni Pizza	Hamburger Cheeseburger Chicken Burger Cheese Pizza Pepperoni Pizza	Hamburger Cheeseburger Chicken Burger Cheese Pizza Pepperoni Pizza	Hamburger Cheeseburger Chicken Burger Cheese Pizza Pepperoni Pizza
Specialty Bar	<u>Pasta Bar</u> Rotini Pasta Marinara Sauce Meat Sauce Whole Wheat Rolls Grated Cheese	<u>Bagel Bar</u> Whole Wheat Bagels Yogurt String Cheese	<u>Asian Bar</u> Teriyaki Beef Dippers Stir Fry Vegetables Fried Rice Plain Rice Soy Sauce	<u>Build a Burrito Bar</u> Soft Taco Shell Taco Meat Refried beans Shredded Lettuce	<u>Deli Delight Bar</u> Turkey Deli Ham Deli Multi-Grain Sun Chips
Daily Special	Jose Ole Bean Burrito	Chicken Nuggets With Whole Wheat Roll	Corn Dog	Chicken Nuggets With Whole Wheat Roll	Spicy Chicken Sandwich On Whole Wheat / Grain